









by Dr. Mary Livers

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## Hello, Everyone:

It's March 23 and we've had a nice spring shower. That would mean flash floods for us and a couple of tornadoes - no big deal! And the car washes are doing a good business these days too, as we wash all the yellow pollen off our cars. Antihistamine sales are up, as well as Kleenex - achoo! I've talked to a lot of people this week who have sinus headaches going on, so folks, don't let those sinus headaches turn into sinus infections – those get kinda bad with scratchy throats and runny noses. "If you're out with your honey, and her nose is runny, it may seem funny, but it's snot." My dad always recites this poem during spring time.

For those of you in Shreveport, you might have seen my aunt, Margery Whitehurst, in the newspaper this week. She was featured in the lifestyle section of the Shreveport Times, for her famous pimiento cheese recipe. She was interviewed by a reporter at her assisted living facility. She is 89 years old and that's the only food she still prepares. We will publish the recipe in the next *Inside Scoop*.

How 'bout the NFL? Giving our team the death penalty. Putting our coach on the sidelines. In my humble opinion, I think that's a little bit much. Unless the facts come out that Sean Payton knew about it and chose not to deal with it - that is a failure in leadership. But otherwise, it looks like the NFL might be trying to shield themselves from future lawsuits. But, it's the NFL and it's their business, their league, and they have to do what they have to do. But I think next year, we are going to see more New Orleans Saints players on an episode of The Bounty Hunters than we will on Sundays. But like everything else, we will be back.

I've been to the Capitol a couple of times this week, trying to meet with legislators about our budget and our goals. I also had the chance to meet with DAS Sean Hamilton and the three facility directors to do some leadership development. DAS Carolyn Lewis has had her regional manager staff at central office for the last couple of days. It's always good to see our hardworking leaders involved in productive work sessions. We had a demonstration from BI, Inc., the company that provides our electronic monitoring equipment, and I sat in with them for a presentation on improved technology for electronic monitoring. We look forward to testing some of this new technology very soon.

Today we had a wonderful retirement celebration for our good friend and colleague, CBS Program Manager Nancy Gautreau. Best wishes to her as she works her reintegration plan as a private citizen. As you would expect, Nancy is working right up to the last minute, to ensure continuity of the projects she is working on. One more thing - the identity of *The Anonymous Poet of OJJ* was revealed today at the celebration – it's Nancy!

Wishing each of you, in every OJJ office and facility a great weekend (and hoping your yards dry out enough for you to enjoy the beautiful weather outdoors), with my thanks for all you do every day to meet the mission.

Sincerely, "Doc" Dr. Mary Livers